2022-2023 EOY Report-HOSA

State Conferences and Competitions

2022-2023 was the third year of VT HOSA being a separate state organization from NH/VT HOSA. We held a Fall Leadership Conference at Norwich University and we had 162 members from 6 different chapters register and attend the conference. The cost was \$35 per participant. We had our VT HOSA business meeting, a guest speaker, four workshops, networking activities and lunch at the dining hall. We had our State Officers run the business meeting, networking activities, introduce our guest speaker and dismiss members to the workshops. We got some valuable feedback from the conference and started planning SLC almost immediately after FLC. VT HOSA FLC Information from our website

We had four very active State Officers that met with us 18 times via Zoom to plan and run through our SLC. We ran SLC competitive events virtually March 20-24th and we held our first live conference on April 3 from 9-4 at Castleton University. We had ten chapters who attended and 190 registered members (up from 112 last year). We ran ten competitive events after we narrowed it down by letting members know that events not having at least three competitors or three teams signed up by the close of registration (Friday February 24th) was subject to cancellation. We only had three competitors that had to switch events because they did not have enough competitors in their events. We also continued our decision that competitors must score a 70% or better to place for the top three of any event. We updated our website weekly about which events had three or more competitors running until the close of registration.

The workshops were run by healthcare professionals from DH, RRMC and UVM Medical Center. Schools were given a certain amount of tickets to each workshop based on their registration numbers with some extra to allow for flexibility. A highlight for many attendees was when DHART landed their helicopter at our SLC and everyone was given time to check out the helicopter and ambulance provided by DH. Our keynote speaker returned from the previous SLC and again got very high praise. The awards ceremony was mc'd by our VT HOSA CTSO Director, Susan Ladd. The awards part of our SLC went very well with many tears of joy! We also had our first EXPO area at SLC and had vendors from DH, RRMC, UVM Medical Center, AHEC, Be The Match and VSU. We had a lot of positive feedback about the EXPO and hope to expand it next year. We also honored Kathleen Young who was the previous VT/NH HOSA State Advisor for many years and helped start the VT HOSA State Organization. Pictures and more information about SLC can be found on our VT HOSA SLC Website Page.

Membership

We had the opportunity to present virtually to two chapters about VT HOSA and both schools decided to join VT HOSA. The previous year VT HOSA had seven chapters affiliated with 179 members in VT HOSA and this year we had ten chapters and 224 members affiliated with VT HOSA. We will be recognized at the HOSA International Leadership Conference in June for increasing our membership again this year. All chapters that were affiliated for the 2021-2022 school year were affiliated this year and we added 3 new chapters. We met our 200 member goal and will continue to reach out to these programs and others and our goal is to continue to have over 200 VT HOSA members next year! We did have two perspective local advisors attend SLC and hope they will join this coming school year.

Leadership Development

We asked current affiliated chapters to nominate students VT HOSA State Officers this year and we had four students nominated. One student decided to step down due to too many other commitments. We met with the students at a minimum twice a month and discussed conferences, newsletters, and VT HOSA development. The students ran a business meeting at FLC and SLC; chose all items for the conference goodie bags at SLC and created three VT HOSA newsletters this year. They all were very good at attending meetings and doing anything that was asked of them over the school year.

We encouraged each of the nine chapters that registered for SLC to select a student to be a VT HOSA State Officer for the 2023-2024 school year. We had four advisors select students and then all four students filled out the required application and permission forms. We will start meeting this summer with the new officers.

During our FLC we had a 2022-2023 CTSO Membership Drive 'Giving Back, Giving Forward'. This was an amazing opportunity for students to increase membership while practicing giving back as a servant leader to their school and local community. Each school got to pick a local non-profit community organization to donate to and we raised \$750 for local non-profit community organizations.

Career Development Opportunities

As discussed above, we had seven workshops at SLC that were all led by healthcare professionals currently working in various professions; nursing (labor & delivery, dermatology, emergency medicine), surgical services, emergency medicine, laboratory medicine, PT and OT. They all talked about their career path and ways that students could also work in similar health careers. They were all highly rated according to the SLC survey that was sent out..

Local Advisors

Jenivieve Johnson, HACTC Health Sciences Instructor, was again the VT HOSA Assistant State Advisor this year. We emailed local advisors with VT HOSA updates as needed but tried not to email more than necessary (this was a request made by advisors). Three of the ten chapters had an instructor/advisor that was new to HOSA so we met with them several times and the others via Zoom or scheduled phone calls to discuss anything they had questions about. We also let them know that we would try to respond to any emails within 24hrs and believe this was maintained all year. We scheduled two joint zoom meetings for advisors and two advisors showed up for each meeting.

Communications

We sent out monthly VT HOSA updates, continued to update the new <u>VTHOSA.org</u> website and helped State Officers create three newsletters this year. We used our Facebook and Instagram accounts more this year but they continue to have little traffic. We ended our communication emails with an open invitation to contact the VT HOSA State Advisor, Jessica Enright, at <u>VermontHOSA@gmail.com</u> with any further questions or concerns.

Connections with Employers

We again reached out to DHMC this year to be an active part of VT HOSA and they were glad to be involved! We also reached out to CVMC, UVM Medical Center and RRMC and they all participated in either FLC or SLC. They donated items for FLC and SLC conference goodie bags and provided speakers for SLC. They all say they want to continue to be an active part of VT HOSA and we look forward to working with them next year.

Integrating CTSO Activities/Events with CTE Programming

VT HOSA was represented at two Health Sciences cluster meetings this year and presented about VT HOSA happenings. We also shared the virtual lesson plans available through HOSA.org with local advisors several times throughout the year in our monthly update emails.

Our VT HOSA State Officers again held a 'Healthcare Worker Thank You Challenge' in December. Our state officer team created this opportunity to give back to the different VT HOSA chapter communities. We asked each chapter to write thank you cards for their local hospitals or other healthcare facilities to show gratitude as future healthcare professionals and to see who could send out the most thank you cards by the end of February. The chapter with the most cards won a gift box full of VT HOSA swag. We had over 300 cards donated to local hospitals throughout Vermont created by VT HOSA members.

National CTSO Event Connections

We met with Bobby Crandall, HOSA Director of Technology, once via Zoom this year to get a better understanding of the online management system. We have also been in contact with Janet Nelson, HOSA Director for New State Officers and Bergen Morehouse, HOSA Director of Competitive Events. They have all been very easy to get a hold of and helpful. We look forward to continuing to work with all of them. Jessica Enright will be attending the International Leadership Conference in June with 40 VT HOSA members! We look forward to meeting the National Headquarters Staff, Board Members and making other HOSA Connections.

Budget

FLC Financial Report-

2022 VT HOSA FLC--Event Financial Report.xlsx

SLC Financial Report-

2023 VT HOSA SLC--Event Financial Report.xlsx

ILC Financial Report-

2023 VT HOSA ILC State Advisor--Event Financial Report.xlsx

This year VT HOSA also had support from VTCTSO and a technology support grant to help with the year's activities.

GOALS from 2022/2023:

- 1. Continue increased membership to over 200 VT HOSA members
- a. Went up from 179 to 224 this year!
- 2. Zoom meetings with local advisors for next year (at least 2)
- 3. State Officer to take over the social media accounts for next year (decided by October)
- 4. Two new partners with VT HOSA
- 5. Gain at least 1 new VT HOSA chapter